

	1 Serving / Package
	Serving Size Serving Unit
Grill Sandwiches	
Grill - BCHS - Fried Chicken Sandwich	1 sandwich
Grill - BCHS - Fried Fish Sandwich	1 sandwich
Grill - BCHS - Grilled Cheese	1 sandwich
Grill - BCHS - Hamburger, 4oz	1 hamburger
Grill - BCHS - Hot Dog	1 hot dog
Grill - BCHS - Meatball Sub	1 sandwich
Grill - BCHS - Pulled Pork Sandwich	1 sandwich
Chicken Tenders / Wings	Size Unit
Grill - BCHS - Fried, Chicken Tender	3 tenders
Grill - BCHS - Fried, Chicken Tender BBQ	3 tenders
Grill - BCHS - Fried, Chicken Tender Buffalo	3 tenders
Grill - BCHS - Fried, Chicken Wing	5 wings

kCal	grams										mg	mg	mg	mg	µg (mcg)	mg	Vegetarian	Vegan	Gluten Friendly	Dairy Friendly
	Calories	Protein	Carbohydrate	Sugar	Fiber	Total Fat	Saturated Fat	Monounsaturated Fat	Polysaturated Fat	Trans Fat										
635	39	67	6	4	23	6	5	1	1	100	1497	127	4	0	108					
564	22	62	5	3	25	4	12	7	3	43	1084	51	6	0	218					
450	23	36	0	0	23	15	6	1	1	65	694	459	2	0	1	♦				
513	25	31	3	2	32	12	14	1	1.7	85	1199	34	4	0	277					
318	15	23	3	2	21	7	8	1	0	40	874	49	2	1	213					♦
662	37	59	5	3	44	20	12	4	1	107	1613	437	6	0	378					
258	14	42	12	3	4	2	1	0	0	20	701	35	3	0	173					♦
kCal	Pro	Carb	Sug	Fib	Fat	Sat.F.	Mono.F.	Poly.F.	Trans.F.	Chol	Sod	Ca	Fa	Vit D	K	Veg.	Vegan	GF	DF	
451	30	23	0	1	26	4	10	11	1.7	71	999	31	1	0	0					♦
557	30	48	22	1	26	4	10	11	1.7	71	1418	38	2	0	111					♦
463	30	25	1	2	26	4	10	11	1.7	71	2713	38	2	0	80					♦
593	34	21	0	1	53	10	32	9	8	195	2461	28	1	0	386					♦